

Regency Whispers Your Quarterly E-newsletter.

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Inspirational Romance Author
Romance that Speaks to the Soul



In This Issue

The Regency Feature
Regency Fashion Facts
Manor House Gardens
Regency Mystery Contest
Free Regency Resource
Web sites of Interest

If you want to learn more about me, go to my [Author's Biopage](#).

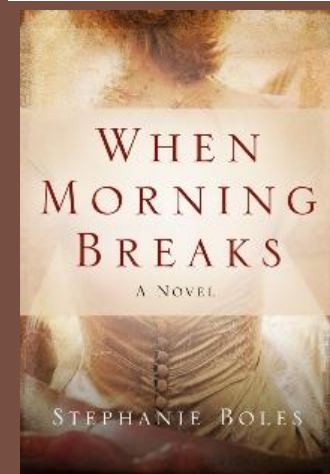
Regency Whispers

Welcome Readers

Thank you for subscribing to my E-newsletter. I hope you take pleasure in reading it. If you are unfamiliar with me, my profile follows. I am an Inspirational Romance author. I write Regency Historical Romance with adventure and sometimes mystery woven into each story. I write with the soul of the reader at heart. I pray my books touch the reader in an individual way, promote healing in their lives and inspire a closer walk with God.

My writing is a mere part of God's great plan. I am thankful God has gifted me with this talent. I pray I use it to his glory, not my own.

Stephanie Boles
Inspirational Romance Author



Writing is my ministry, not my job.

The Regency Feature

Moroccan Mint Tea

Book 2 of my Called to His Purpose series finds the lead characters in North Africa. Tea drinking is a tradition in North Africa. In fact the preparation of it is an art form in itself. It is generally the man, or the head of the family, that prepares the tea. In Moroccan tea culture, and indeed, throughout North Africa, preparing tea for one's guest is a form of hospitality. For the guest to refuse the tea would be seen as rude.



Moroccan mint tea is also known as Touareg or Toureg tea. These names come from the base word Tuareg. It is pronounced TWAH-reg. Touareg is also the name of a society of nomadic people in North Africa. The Touareg men are best known for the indigo-dyed turban and face veil they wear which they wear as protection from the harsh weather of the Sahara Desert. This practice has earned them the nickname, Blue Men of the desert.

Until the mid 20th century, Touareg camel caravans played a major part in trans-Saharan trade. In book 2 of my Called to His Purpose series Camilla encounters the Blue Men of the desert while traveling in the Sahara. She comes to know these people and drinks tea with them.

Touareg Tea Ceremony

Moroccan mint tea is made by boiling water and adding a green tea variety from China. Afterward sugar and mint are added. The amount of sugar added is generally five teaspoons sugar for every one teaspoon of tea. Quite sweet, but delicious. A teapot with a long, curved spout is used so the tea can be poured into tiny glasses from a distance. This produces foam on the tea and helps the tea to cool.

It is the custom to serve the tea three times. This gives each glass of tea its own distinctive flavor because each glass steeps a different length of time.

Touareg traditional proverb:

Le premier verre est aussi amer que la vie,
le deuxième est aussi fort que l'amour,
le troisième est aussi doux que la mort.

The first tea is as strong as life,
The second tea is as good as love,
The third is as sweet as death.

Why not enjoy a glass of Moroccan mint tea as you read book 2 in my Called to His Purpose series? Book 2 will be available for purchase in the

My Debut Novel

**When Morning Breaks
#1~Called to His
Purpose series.**

**It will be available in
spring 2010. I will
notify my readers
when it releases.**

England, 1812

Georgette Rousseau's family followed the drum to the war-torn Iberian Peninsula. Upon her return to England, only three members of the Rousseau family remain alive.

Adopted by her uncle, she begins a new life.

Georgette blames her father for her family's sufferings. She distrusts all men because of his selfishness. Without her uncle's knowledge, she becomes the infamous Lady Danielle, female novelist, thereby securing her future.

But even that cannot help her escape the memories of a Gypsy-dark infantry captain who swore he would bring her to justice for her work as a French spy.

Will Georgette allow God to heal her wounded heart? Or will a devastating violation destroy everything she holds dear?

Watch a book trailer at my blog. [When Morning](#)

summer of 2010.

I've included a buy link in the Web sites of Interest section for those of you that might want to try this tea. I've never purchased from this site, so buyer beware.

References

Tuareg: Takedda and trans-Saharan trade

"Encyclopedia of African History" Kevin Shillington (2004)

"Food of Morocco: Authentic Recipes from the North African Coast (Food of the World Cookbooks)" by Fatema Hal (2002)

Regency Fashion Facts

Cravats~Neckcloths

Whether referred to as cravats or neckcloths, for Regency gentlemen wearing one signified style.

Gentleman that longed to be in the mode of high fashion did not forgo neckcloths. And those that wished to set a standard of taste and style understood the fine art of tying neckcloths and sported theirs arranged to perfection.

Facts about Neckcloths.

Beau Brummell carried the cravat to new heights of fashion with his insistence that it be tied and displayed with particular sophistication.

A finely arranged neckcloth became the mark of fashion for gentlemen.

Gentlemen often strove for valets that understood the intricacies of neckcloth arrangement.

Starch was an important component in the arrangement of neckcloths. Without starch many of the intricate patterns would have wilted into obscurity.

Traditionally, white linen was used for neckcloths.

Jeweled pins were often worn in the cravat.

Members of clubs often tied their neckcloths in distinct styles.

After the Battle of Waterloo (1815) the cravat became known as simply a tie in many circles.

Neckcloths add great romance to a gentleman's attire. This author would truly enjoy seeing modern men in cravats~neckcloths.



[Breaks book trailer](#)

Tour the Web on one of my Post Chaise Links

[Blogs](#)

[Regency Whispers](#)

[New Moon Cottage and Gardens](#)

[Other](#)

[StephanieBoles.com](#)

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What Readers are Saying About Regency Whispers Newsletter

"I read every bit of it and clicked on the links to your blogs and liked those too."

D.H., Missouri

"The newsletter is good."

Louise, Florida

"Like the newsletter. When can I buy your book?"

Readers, Missouri

Join Our Mailing List!

Receive, "A Compilation of Regency Insults" when you subscribe to Regency Whispers E-newsletter.

Sahara Dreams

Book #2 ~Called to His Purpose series.

Sold to Barbary pirates and taken to a North African harem Camilla Rousseau-Saint Day must

"Neckclothitania" published in 1818 shows the popular styles of the day. You will find it at my Web site in the [Regency Glossary](#).

References

"The Regency Companion", by Sharon Lauder milk & Teresa L. Hamlin, Garland Publishing (1989)

"Jane Austen for Dummies", by Joan Klingel Ray, Wiley Publishing, Inc. (2006)

"The Jane Austen Handbook", by Margaret C. Sullivan, Quirk Books (2007)

Manor House Gardens

London's Lost Tea Gardens

A tea garden, not to be confused with the larger more ostentatious pleasure gardens of the day, abounded in the late 18th century.

The English took the notion to fashion Tea Gardens after enjoying the Dutch tavern tea gardens. In the English version, tea flowed freely and so too did the entertainment. The patrons took their tea outdoors surrounded by lovely gardens and the hum of fine orchestras. One might stroll along flowered paths punctuated by arbors, statuary and burbling fountains.

To learn more about the Lost Tea Gardens of London follow the link posted in the Web sites of Interest list.



Yorkshire Stingo Tea Garden

Regency Mystery Contest

Note: This contest is for subscribers only. Subscribe now for a chance to win next issue's contest!

And the winner is:

Sadly, no one solved the Fall issue mystery question. Here it is. "These were most often worn for special occasions such as balls. They were attached to the tops of slippers."

wage the battle of her life. She is warned by her new master, "Worship Allah or die." Will Camilla reject God and bow to her earthly master's demands? Or will a shocking discovery behind the walls of the harem forever change the course of her life?

Lucien Ravensdale searches for his missing son and hopes to quiet the regrets that rage within him. When Camilla falls into his arms, he longs to know her better. Now she's vanished. But when Lucien's search for her exposes the dark secret his family has long kept hidden, he is thrown into a whirlwind of events that opens old wounds and threatens his very existence.

Follow my Web site and blog for updates on the publication of book 2, Sahara Dreams.

Advance Praise for the Called to His Purpose series.

I cannot wait until your books are done! I really appreciate your statement about encouraging abstinence until marriage and clean romance. I am a Christian, single twenty-year-old that loves to read. However in this modern world that can be dangerous. It is very hard to find good, 'clean' books that do not fill your head with sin or silly ideals. I look forward to reading your books.

- A. Satin ribbons
- B. Lace bows
- C. Shoe-roses
- D. Silk roses

The correct answer is 'C', Shoe-roses.

Now to this issue's mystery.

In the Fall 2009 issue of Regency Whispers I placed a mistake in the newsletter. I'm certain several savvy Jane Austen fans discovered that mistake right off. Well that is the Regency Mystery for this issue. Locate the mistake and be the first to email me the correct answer and you'll win the little book, "199 Reasons to be Thankful." This is a wonderful book filled with God's word and gentle reminders to be thankful. I own this book and enjoy it very much.

Hint: Take a glance at the Manor House Gardens article, "Regency Autumn". For my new subscribers, you may follow the link to the Regency Resources page at my Web site and read the Fall 2009 issue of Regency Whispers. Go [here](#).. **You must subscribe to Regency Whispers e-newsletter to see this page.**

Multiple choice answers.

The correct name is,

- A. Mrs. Bennet
- B. Mr. Collins
- C. Mr. Dracy
- D. Elizabeth Bennet

Contest Rules:

Email me at Stephanie@StephanieBoles.com

Please type the appropriate letter in the subject line of your email. The first person to send the correct answer will win the book "199 Reasons to be Thankful."

Good luck, Regency Readers!

Free Regency Resources

Free download of my e-book "Portraits of Romance"

The free download is for subscribers only.

This is a 22 page book of images of the Regency Period. A visual, as it were.

I hope you enjoy viewing the portraits and images as much as I do. Click on the name to download it. [Portraits of Romance](#). The file will open in pdf. It may take up to 2 minutes for the entire file to load as it has quite a few images in it.



Harmony,
Palmer, Alaska

Bookish Reviews

The War of 1812 in the Age of Napoleon (Campaigns and Commanders) by Jeremy Black

This author discusses the politics of the War of 1812, both international and domestic. This book would be a good addition to an author's research library or the reader that enjoys learning history.

Buy it at

Amazon.com

La revue de musique

This is one of my favorite CD's. I often listen to it while I write. I love the music of North Africa. It is evocative of the rich history that hums over the Sahara dunes.

Moroccan Spirit

Movies

I often watch movies at Youtube. Recently I watched the 1987 version of "Hazard of Hearts" with Christopher Plummer, Diana Rigg, Helena Bonham Carter and Marcus Gilbert. The scenery is spectacular in this movie both inside and out. The costumes are to be admired and the plot is good. This is a 10 part movie, each part being around 10 minutes long.

Enjoy

Web sites of Interest

Praise Reports

I developed this at my Web site to showcase God's goodness. I will update the testimonies occasionally. If you want to share what God has done in your life, email me. Perhaps your testimony will land on the 'Testimonies of God's Goodness' page.

[Le Touareg](#) (Moroccan Mint Green Tea buy link)

[Tuareg People](#)

[London's Lost Tea Gardens](#)

For Writers

Free Writing Lesson Videos at Youtube. This is a series of 12 videos on Story Structure.

You assume your own risk in purchasing from any of these sites.

**Written and shared by Inspirational
Romance Author Stephanie Boles**
To learn more, visit:
www.StephanieBoles.com



May the God of all glory keep and bless you with an abundance of his love, joy, peace and mercy.

Happy Reading,

Stephanie Boles

Inspirational Romance Author
Writing is my ministry, not my job.

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Follow this link to watch it.
[Hazard of Hearts](#)

For the kids

DLTK's Camels and
Pyramids coloring pages.

[Go here to download](#)

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**If you are a Writer and
would like to
contribute to this
Newsletter, email me.
I will cheerfully
consider your offer.**

Stephanie

[@StephanieBoles.com](mailto:StephanieBoles.com)

Apologies:

If any of my new subscribers did not receive, A Compilation of Regency Insults, please notify me by email and I will send your copy out right away. My email service sent some of my subscriber notices to my junk mail folder. In the busyness of life, I may have missed some of you. I apologize.

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